

Rolling Schedule of Events

All running events are girls, followed by boys.
When possible, we will combine boys heats and girls heats.

Running Events

At check-in you MUST HAVE A STICKER with your school name, first name, and last name written on it.

3:00 P.M. Coach and Volunteer[^] Meeting

3:15 P.M. Senior Recognition on the infield

3:30 P.M.

4x800m Relay *

100/110m Hurdles*

100m Dash

4x200m Relay*

1600m Run

Throwers 4x100m Twinkie Relay

4x100m Relay*

400m dash

300m Hurdles possibly combined

800m run

Seniors Co-ed Medley Relay

200m dash

3200m run*

4x400m Relay*

* event is combined boys and girls

Field Events

If you are competing in events that are happening at the same time, sign in at your field event and return to it immediately after your other event.

3:00-4:30 P.M

JAVELIN Open Pit

no throwers allowed on grass field after 4:30PM

3:30 P.M.

DISCUS Girls, followed by Boys

SHOT PUT Boys, followed by Girls

HIGH JUMP Girls, followed by Boys

4:00-5:30 P.M.

LONG JUMP Open Pit

pit will be covered at 5:30 PM

^VOLUNTEERS REPORT TO THE WHITE TENT AT THE FINISH LINE

Skyline Volunteers: High Jump, Discus, Long Jump

Olympus Volunteers: Shot Put, Javelin, Bull Pen, Timers

Field Event LOCATIONS:

Javelin on grass soccer field on the corner of Lincoln Ln and 2300E ; **Discus** ring at the 200m start ; **Shot Put** ring by the restrooms/100m start ; **Long Jump** by the finish line ; **High Jump** between the 100m and 200m start